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## ***The Future Me Description***

### ***What is The Future Me program?***

***The Future Me*** program targets youth in grades 6-12, facilitating career exploration and employment readiness. These young people develop a personalized plan for achieving their goals. This plan identifies potential barriers and establishes support systems that will enable the young person to achieve. Mainstream coordinates with all partners to insure that the services delivered through Future Me are effectively delivered. Mainstream has the capacity to serve 40 schools during each service period (service period=semester).

Service components include:

- Participation in certificated, curriculum-based career prep training programs including:
  - CORE Readiness
  - WisCareers
  - Key Train
  - Work Keys
- Exposure to the various career pathways through field trips, job fairs, employer presentations, and other events, and
  - Opportunities to explore career pathways in high yield sectors including the skilled trades, manufacturing, green industries, IT, the human service sector, and health care, as well as other career pathways.
  - Additional presentations will be provided and may include soft skill workshops, on the job communications, mentoring programs, etc.
- Facilitate CORE Readiness, a job readiness program that provides instruction in job search, resume writing, interviewing, and maintain employment upon hire.

## **CORE Readiness Course Outline**

### **Who are We?**

**Begin with an introduction to the partnership and program (this should take about 30 minutes):**

For some of you, your career path will lead to careers in manufacturing or construction and others will take a different route. No matter where you end up – what we intend to do through this course – CORE Readiness – is help you establish the habit of identifying goals based on your own interests and dreams and define the steps necessary to get from where you are to where you want to be. That is the intended outcome of this course. How many of you think you might be interested in construction or manufacturing as a career path?

Have a brief discussion about career paths of interest.

- Name Tent
- Personal Introduction Activity
- Name Game – Snap, Snap
- Group Agreements

### **Who Am I?**

- Question Cup
- WisCareers Introduction
- WisCareers – Practice
- WisCareers Career Sector Exploration

### **I am, I have, I know**

- 5 Power Questions – Journal Activity
- Discovery Wheel
- Uncovering Your Mad, Mad Skills (Skill/Experience Identification Exercise)
- Intro Personal Mission Statement
- Vision Book

### **What Can I Do?**

- Brainstorm Career Options
- Career Scavenger Hunt
- Career Support Team
- Defining Your Purpose

## **How Do I Get From Here to There?**

- SMART GOALS
- Writing a Personal Mission Statement

## **Effective Employees**

- What it is
- How it is
- Be Your Own Boss
- Intro Resume Writing

## **Job Seeking**

- Resumes & Cover Letter
- References
- Mock Interview Prep
- Follow Up

## **Mock Interviews**

- The Questions
- The Answers
- Practice Makes Perfect

## ***How will students who need additional supports be identified?***

Students engaged in ***The Future Me*** program are assessed throughout their participation in the program with key assessments occurring at the beginning of the Program (baseline), at midterm, and at program end. The midterm assessment provides students the opportunity to take a practice test simulated like the actual assessment. Facilitators review the results of that second assessment to determine areas that require additional focus and adjust the students Individualized Learning Plan to incorporate those learning needs.

Throughout the sessions, formative assessments help facilitators adjust and adapt to the learning needs of each student. These formative assessments are incorporated in to the Student Workbook as well as less formal assessments based upon classroom and group work. This ongoing assessment provides the Facilitator the opportunity to align the instruction to the needs of the students to ensure they get what they need.

## ***Is The Future Me program research-based and evidence proven?***

Mainstream Development Educational Group develops all of its programs and services using instructional strategies and curricular content that is firmly based in research and proven to be effective with the targeted student population. Most of Mainstream's services are delivered in urban communities with students who are at increased risk of academic failure due to risk factors beyond their control. Those risk factors include issues such as poverty, a high mobility rate, limited English proficiency, and limited parental academic success to name a few.

To meet the needs of these students, Mainstream derives programs that are adaptable, intentionally designed with significant input from school leadership teams with respect to how, when, and where services are provided, as well as rigorous in their focus on differentiated delivery of instruction and modalities for learning. These practices are grounded in the evidence base of highly effective instructional strategies. What follows is a brief review of the critical strategies and practices that underlie all of Mainstream's program design.

Our program uses researched-based reading and math instructional strategies characterized by the following:

- Instruction is differentiated to serve diverse learners.
  - Matching and delivering instruction to target skill needs and deficits of the students.
  - Systematic, methodical, and high-quality instruction and assessment methods that can be changed if one method is ineffective in remediating the skill deficit.
  - Facilitators track and adjust to the progress of students receiving the instruction and interventions.

<http://eric.ed.gov/?id=EJ854351>

- Progress monitoring consisting of pre-test, brief assessments conducted frequently to monitor progress, and post-assessment to determine student learning.

[http://www.glencoe.com/glencoe\\_research/Jamestown/gradual\\_release\\_of\\_responsibility.pdf](http://www.glencoe.com/glencoe_research/Jamestown/gradual_release_of_responsibility.pdf)

- Multi modalities used in the delivery of services.

<http://www.readwritethink.org/professional-development/strategy-guides/teaching-with-multiple-modalities-30101.html>